## THE POWERFUL PRACTICE OF RECITING THE BUDDHAS' N AMES

念诵佛名号

Namo Anantakaya Tathagata	南无无边身如来
Anyone hearing the holy name of this Buddha and instantly performs obeisance to him will be purified of serious negative karmas of life and death covering forty kalpas. Molding a likeness of him or painting his image for veneration and praise creates even greater merits, resulting in countless and boundless blessings!	若有男子女人闻是佛 名,暂生恭敬,即得 超越四十劫生死重 罪。
Namo Ratnasvabhava Tathagata	南无宝性如来
Anyone hearing the holy name of this Buddha and instantaneously resolves to take refuge in him will never suffer retrogression from the stage of Unsurpassed Enlightenment.	若有男子女人闻是佛 名,一弹指顷,发心 归依,是人于无上道 永不退转。
Namo Padmajina Tathagata	南无波头摩胜如来
Anyone hearing the holy name of this Buddha once will be reborn repeatedly one thousand times in the six heavens of desire. One will achieve even greater merits if one wholeheartedly recites the name and keeps the name in mind!	若有男子、女人,闻 是佛名,历于耳根, 是人当得千返生于六 欲天中。

Namo Simhananda Tathagata	ᆂᅮᇉᄀᇟᅭᆓ
	南无师子吼如来
Anyone hearing the holy name of this Buddha and wholeheartedly takes refuge in him will meet incalculable numbers of Buddhas; these Buddhas will touch his head and bestow upon him the supreme prophecy.	若有男子女人闻是佛 名,一念归依,是人 得遇无量诸佛摩顶授 记。
<u>Namo Krakucchandsa Tathagata</u>	南无拘留孙佛
Anyone hearing the holy name of this Buddha and also wholeheartedly worships or praises him will become a great Brahman king in the thousand Buddhas' Assembly and gain the supreme prophecy.	若有男子女人,闻是 佛名,志心瞻礼或复 赞叹,是人于贤劫千 佛会中,为大梵王, 得授上记。
<u>Namo Vipasyin Tathagata</u>	南无毗婆尸佛
Anyone hearing the holy name of this Buddha will never fall into evil paths of existence but will always be reborn as a human being or a deva and enjoy extraordinary happiness.	若有男子女人闻是佛 名,永不堕恶道,常 生人天,受胜妙乐。 <b>南天宁胜加来</b>
	南无宝胜如来
Anyone hearing the holy name of this Buddha will never fall into evil paths of existence but will always be reborn in the heavenly realms of great bliss.	若有男子女人闻是佛 名,毕竟不堕恶道, 常在天上受胜妙乐。

Nama Datnagambhaya Tathagata	· _ · · .
<u>Namo Ratnasambhava Tathagata</u>	南无宝相如来
Anyone hearing the holy name of this	
Buddha and showing respect to him will soon attain the stage of an Arhat.	若有男子女人闻是佛
	名,生恭敬心,是人
	不久得阿罗汉果。
Namo Kasayadhvaja Tathagata	南无袈裟幢如来
Anyone hearing the holy name of this	
Buddha will be exonerated from all the sins he has ever committed during the lifetimes of	若有男子女人闻是佛
one hundred great kalpas.	名者,超一百大劫生
	死之罪。
Namo Mahabhijna-Sumeru Tathagata	南无大通山王如来
Anyone hearing the holy name of this Buddha will encounter Buddhas as numerous as the grains of sand in the Ganges River; these Buddhas will teach extensively to him, who will definitely attain Bodhi.	若有男子女人闻是佛 名者,是人得遇恒河 沙佛广为说法,必成 菩提。
Namo Sudhacandra Tathagata	南无净月佛
<u>Namo Sumeru Tathagata</u>	
<u>Namo Jnanajina Tathagata</u>	
<u>Namo Vimalanamanraja Tathagata</u>	│ <u>南无智胜佛</u>
<u>Namo Jnanasaddhi Tathagata</u>	南无净名王佛
<u>Namo Anuttara Tathagata</u> Namo Sughosa Tathagata	南无智成就佛
<u>Namo Sughosa Tathagata</u> Namo Rakachandra Tathagata	   南无无上佛
Namo Chandramukha Tathagata	│ <u> </u>
	南无满月佛
	南无月面佛

All the sentient beings of the present and future generations - whether devas or human beings, whether males or females - will gain immeasurable meritorious virtue even if they invoke the name of only one Buddha. Still, how much greater it will be to invoke many names! These beings will automatically gain great benefit while living and while dead and they will not ever fall onto the evil paths of existence.

When someone is approaching the end of his life, if any of his relatives or even only one person should on his behalf invoke aloud the name of just one Buddha, such a dying person will be exonerated from all karmic retribution for his sins, other than the unpardonable offenses.

The five unpardonable offenses are those sins of the utmost seriousness. Usually a person who has committed such offenses cannot be acquitted of them even after millions of kalpas. However, if at the time of his death, others invoke on his behalf the Buddhas' names, then even some of these extremely serious offenses will gradually be reduced and eradicated. Still, how much greater it will be for the dying one to invoke the Buddhas' names himself in order to gain immeasurable bliss and to eradicate innumerable sins! 现在未来一切众 生,若天若人,若 男若女,但念得一 佛名号,功德无 量,何况多名。 是众生等,生时死 时,自得大利,终不 堕恶道。

若有临命终人,家中 眷属,乃至一人,为 是病人高声念一佛 名,是命终人,除五 无间罪,余业报等悉 得销灭。

是五无间罪,虽至极 重,动经亿劫,了不 得出,承斯临命终 时,他人为其称念佛 名,于是 罪中,亦 渐销灭。何况众生自 称自念,获福无量, 灭无量罪。

<b><u>RECITATION PRACTICE</u></b>	<u>念诵修法</u>
(One set, three sets or seven sets)	(1 次,3 次或 7 次)
<u>Namo Anantakaya Tathagata</u>	南无无边身如来
Namo Ratnasvabhava Tathagata	南无宝性如来
<u>Namo Padmajina Tathagata</u>	南无波头摩胜如来
<u>Namo Simhananda Tathagata</u> Nama Krakusahandaa Tathagata	
<u>Namo Krakucchandsa Tathagata</u> Namo Vipasyin Tathagata	南无师子吼如来
Namo Ratnaketu Tathagata	南无拘留孙佛
Namo Ratnasambhava Tathagata	南无毗婆尸佛
Namo Kasayadhvaja Tathagata	南无宝胜如来
<u>Namo Mahabhijna-Sumeru Tathagata</u>	南无宝相如来
<u>Namo Sudhacandra Tathagata</u>	
Namo Sumeru Tathagata	<u>南无袈裟幢如来</u>
<u>Namo Jnanajina Tathagata</u>	南无大通山王如来
<u>Namo Vimalanamanraja Tathagata</u> Namo Inama addhi Tathagata	南无净月佛
<u>Namo Jnanasaddhi Tathagata</u> Namo Anuttara Tathagata	南无山王佛
Namo Sughosa Tathagata	
Namo Rakachandra Tathagata	│ <u>雨无净名王佛</u> │ 南无净名王佛
Namo Chandramukha Tathagata	
	南无智成就佛
	南无无上佛
	南无妙声佛
	南无满月佛
	南无月面佛