

LONG LIFE PRAYER FOR
LAMA THUBTEN NAMDROL DORJE

Om Svasti

Like the countless light rays that radiate from the
ruby mountain;
Exquisite Amitayus, Lord of Everlasting Life, who
captivates and one does not tire of seeing;
Whose essence is of infinite life, the nectar of
immortality;
Please instantly grant our Guru,
The Siddhi of Stable and Everlasting Life.

Pad-Rab Lhun-Poi O'ser Bum Tro Tar
Rab Ze Ta-Wai Mi-Ngom Tse-Pak Me
Chi-Med Du-Tsi Bum Gyi Che-Chuk Pa
Tak-Ten Dro-Wai Ngo-Po Deng-Dhir Tsol

You are intelligent and skilful in upholding the
traditions of Buddha;
Spreading the Holy Dharma through explanations
and practices;
In order to lead disciples onto the path to liberation;
You are the one who is an Unequaled Guide,
Please live a long and stable life.

Gang-Lo Thub-Pai Ring-Lug Zin-Khe Pa
Shed Dang Drup-Pai Ten-Pa Pel-Wa Dang
Dul-Ja Nam-Drol Lam-Du God-Pa La
Dren-Pai Da-Dral Chog-Tu Shab-Ten Shog

I request respectfully, my Precious and Holy Guru,
to enjoy excellent health;
I request respectfully, my Precious and Holy Guru,
to live a long life;
I request respectfully, my Precious and Holy Guru,
That your Dharma activities spread and flourish far
and wide;
I request respectfully, my Precious and Holy Guru,
To bless me to be never separated from you.

**La-Ma Ku-Kham Sang-La Sol-Wa Deb
Chog-Tu Ku-Tse Ring-La Sol-Wa Deb
Trin-Lae Dar-Shing Gye La Sol-Wa Deb
La-Ma Dang-Dral Wa-Med-Par Jin-Gi Lab-Tu
Sol**

In all my future rebirths, may I never be separated
from my Perfect Guru;
May I enjoy the magnificent Dharma;
And by completing the qualities of the stages and
path;
May I quickly attain the state of Vajradhara.

**Kye-Wa Kun-Tu Yang-Dag La-Ma Dang
Dral-Me Cho-Kyi Pal-La Long Cho Ching
Sa-Dang Lam-Gyi Yon-Ten Rab-Zog Ne
Dor-Je Chang-Gi Go-Phang Nyur-Thob Shog**