

Ganden Lha Gyama
The Hundreds Deities of the Land of Joy

Invocation

Gan-Den Lha-Gye Gon-Gyi Tug-Kar Nay

Emanating from the heart of the Lord of 100 deities of Tushita,

Rab-Kar Zho-Sar Pung-Dray Chu-Dzin Tzer

On the summit of a cloud which resembles a heap of fresh white curd

Cho-Kyi Gyel-Po Kun-Kyen Lo-Zang Drag

Sits omniscient Sumatikirti, king of Dharma, together with his sons.

Say-Dang Che-Pa Nay-Dir Sheg-Su Sol

I request them to descend to this place.

The Seven Limb Practice

1 Entreating

Dun-Gyi Nam-Kha Seng-Tri Pay-Day Teng

In the space before me upon a lion throne, lotus and moon,

Je-Tsun La-Ma Gye-Pay Dzum-Kar Chen

Appears the venerable Guru smiling radiantly with delight,

Dag-Lo Day-Pay So-Nam Zhing-Chog Du

You, the supreme field for my faithful mind's collection of merit.

Ten-Pa Gye-Chir Kel-Gyar Zhug-Su Sol

In order that the teachings may flourish, I request that you remain for 100 aeons.

2 Prostration

She-Je Khyon-Kun Jal-Way Lo-Dro Tug

The wisdom of your mind embraces the full extent of all that can be known.

Kal-Zang Na-Way Gyen-Gyur Leg-She Sung

Your well explained teachings are the ear ornament of the fortunate ones.

Drag-Pay Pel-Gyi Lham-Mer Dze-Pay Ku

Your beautiful body is illuminated by the glory of your fame.

Tong-To Dren-Pay Don-Den La-Chag Tsel

I prostrate to you, whom to see, hear or recollect is meaningful.

3 Offering

Yi-Ong Cho-Yon Na-Tsog Me-Tog Dang

Refreshing water, various flowers, fragrant incense,

Dri-Zhim Dug-Po Nang-Sel Dri-Chab Sog

Lights, perfumes, and so forth;

Ngo-Sham Yi-Trul Cho-Trin Gya-Tso Di

This ocean of clouds of mentally created and actual offerings,

So-Nam Zhing-Chog Khye-La Cho-Par Bul

I offer to you, the supreme field for the collection of merit.

4 Confession

Dag-Gi Tog-Me Du-Nay Sag-Pa Yi

Whatever unwholesome actions, committed by body, speech and mind,

Lu-Ngag Yi-Kyi Mi-Ge Chi-Gyi Dang

Especially transgressions of the three types of vows,

Khye-Par Dom-Pa Sum-Gyi Mi-Tun Chog

I have accumulated since beginningless time,

Nying-Nay Gyo-Pay Drag-Po So-Sor Shag

With strong, heartfelt regret, I confess each and every one.

5 Rejoicing

Nyig-May Du-Dir Mang-To Trub-La Tson

By striving for much learning and understanding in this degenerate age

Cho-Gye Pang-Pay Del-Jor Don-Yo Je

You made your favorable rebirth meaningful.

Gon-Po Khyo-Kyi Lab-Chen Dza-Pa La

And by abandoning the eight worldly dharmas,

Dag-Chag Sam-Pa Tag-Pay Yi-Rang Ngo

O Lord, in the great wave of your deeds we rejoice from the depths of our hearts.

6 Requesting

Je-Tsun La-Ma Dam-Pa Khye-Nam Kyi

I request you, exalted and venerable Gurus,

Cho-Ku Kha-La Khyen-Tse Chu-Dzin Trig

Who have gathered clouds of wisdom and compassion in the space of Dharmakaya,

Ji-Tar Tsam-Pay Dul-Je Dzin-Ma La

Let the rain of the vast and profound dharma thereby fall.

Zab-Gye Cho-Kyi Char-Pa Ab-Tu Sol

In accordance with the needs of the field of your disciples,

7 Dedication

Dag-Gi Ji-Nye Sag-Pay Ge-Wa Di

Whatever virtue I have accumulated by this practice,

Ten-Dang Dro-Wa Kun-La Gang-Pen Dang

May it benefit the Teachings and all beings.

Khye-Par Je-Tsun Lo-Zang Drag-Pa Yi

Especially may the essence of the Teachings

Ten-Pay Nying-Po Ring-Du Sel-Je Shog

Of the venerable Sumatikirti be illuminated forever.

8 Outer Mandala Offering

Sa-Zhi Po-Kyi Jug-Shing May-Tog Tram

This ground, anointed with perfume, bestrewn with flowers,

Ri-Rab Ling-Zhi Nyi-Day Gyan-Pa Di

And adorned with Mount Meru, the Four Continents, the Sun and the Moon,

Sang-Gye Zhing-Du Mig-Tay Ul-War Gyi

I offer in visualization to this field of Buddhas.

Dro-Kun Nam-Dag Zhing-La Cho-Par Shog

May all sentient beings enjoy this Pure Realm!

9 Five-Line Prayer to Lama Tsongkhapa (Mig-tse-ma)

Mig-May Tser-Way Ter-Chen Chen-Re Zig

Avalokiteshvara, great treasure of immeasurable compassion,

Dri-May Kyen-Pay Wong-Po Jam-Pel Yang

Manjushri, Lord of the stainless wisdom,

Gang-Chen Kay-Pay Tsug-Kyen Tsong-Kha Pa

Tsongkhapa, crown jewel of sages of the land of the snow,

Lo-Zang Drag-Pay Zhab-La Sol-Wa Deb

Losang Dragpa, I make requests at your feet.